



HYGIENE and PERSONAL RESPONSIBILITY.

DRESSING ROOMS

Students will have very little time (30 minutes) for when they get off the ice and will need to manage their time wisely in the dressing rooms (changing, showering, storage of equipment, walking back to school). This will be explained at the arena to the students during the first week of school. Behavioural expectations in the change rooms are the following:

- **Appropriate language**
- **Proper responsible use of the dressing rooms and spaces (washrooms, showers)**
- **Respectful and dignified actions and language towards ALL persons in the dressing rooms.**
- **Respectful and dignified actions towards others and their use of the dressing rooms.**
- **Responsible care and clean-up of the dressing rooms and personal belongings.**

SHOWERS

Students are expected to shower as they will be returning to school for classes. The dressing room showers at Shaw Center may be used. The following procedure is in place for showering;

Students should have the following;

- Toiletry Bag (Shower kit bag)
- Soap and a Soap Container
- Deodorant Stick
- Towel
- Shower flip-flops/sandals

Optional: Brushes/combs/ hair dryers, etc

ABSOLUTELY NO SHARING of hygiene products by students.

This will be a first for some players and a new experience. The showers at Shaw center are setup in a large space open format with one large area and several shower heads in the space. Some players in the past have been more comfortable showering with their under-equipment garments and body wear. If that is going to happen, students will then need a **WATERPROOF BAG to put their wet under equipment garments and body wear into and will be responsible to bring it home from school for cleaning. We will do our best to support students with this showering and hygiene situation.**

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